

CURRICULUM VITAE



Prof. Sunita Mishra

PRESENT POSITION

Prof. (Mrs.) Sunita Mishra

Dean & Head

Department of Human Development and Family Studies

School for Home Sciences

Babasaheb Bhimrao Ambedkar University

Lucknow

OTHER ACADEMIC POSITIONS

2008	Visiting Faculty Virginia College of Osteopathic Medicine, Blacksburg, USA
2004	Visiting Faculty University of Wageningen, Netherland
2001	Visiting Faculty University of Ohio, U.S.A.
2001	Visiting Faculty University of Louvre, Paris, France.

MAILING ADDRESS

Prof (Mrs.) Sunita Mishra

5/57 Viramkhand (First floor)

Gomtinagar

Lucknow-226010

Tel: 0522-2995681(O)

Email: sunitabbau@gmail.com

sunitasabat@yahoo.com

EDUCATION

PhD	Sambalpur University	2000	Excellent Report
Post Graduation	Utkal University	1990	First class First in the University

Graduation	Utkal University	1988	First class second position in University
+2 (Intermediate)	Utkal University	1985	First division
High School		1983	First division

EMPLOYMENT

Professor	Deptt. of Human Development & Family Studies, Babasaheb Bhimrao Ambedkar University	17/11/08 till date
Reader	Deptt. of Home Science MMV, Banaras Hindu University	17/05/2004 to Dt. 16/11/08
Senior Lecturer	V.K.M., Banaras Hindu University	18/03/98 to 17/05/2004
Lecturer	Women's College Berhampur, Shailabala Women's College, Cuttack, under Utkal University etc.	18/12/91 to 17/03/98

POST-DOCTORAL STUDIES: Doctor of Science, C.C.S., Meerut University, Meerut

TEACHING EXPERIENCES:

Post graduate 22 years, Undergraduate 26 years

FIELD OF SPECIALIZATION:

- D.Sc. in Food & Nutrition
- Ph.d. in Food & Nutrition
- M.A. in Food and Nutrition
- M.Ed. B.Ed. (N.C.E.R.T.)
- Family resource management
- Diploma in French (2 years, BHU)

PUBLISHED PAPERS

Total 85, International 10, National 75

PUBLISHED BOOKS

1. **Feeding practices and Anthropometric measurements** of pre-school children, Bharatiya Vidya Sansthan, Varanasi, 2003
2. **Protective Nutrition**(Surakshatmak Poshan, in Hindi) :Ratna off set and printers, Kamacha, Varanasi, 2004
3. **Vyanjan** : A text book of Nutrition, Selective and Scientific Books, Raisina Road, Delhi, 2004
4. **Home Management and Interior decoration**, India Books, Sapna Ashok Publication Varanasi, 2006
5. **Physiology and Health Science** (Sharir Rachana Abam Swasthya Vigyan in Hindi) University Publication, Ansari Road, Daryaganj, New Delhi, 2007

6. **Home management** (Ghrih Pravandh in Hindi), University Publication, Ansari Road, Daryaganj, New Delhi, 2007
7. **Community Health** (Samudayik Swasthya in Hindi), University Publication, Ansari Road, Daryaganj, New Delhi, 2007
8. **Textile Science** (Vastra Vigyan in Hindi), University Publication, Ansari Road, Daryaganj, New Delhi, 2008
9. **Extension Education** (Prasar Vigyan (In Hindi) University Publication, Ansari Road, Daryaganj, New Delhi, 2008
10. **Home Science** (Ghrih Vigyan in Hindi) University Publication, Ansari Road, Daryaganj, New Delhi, 2008
11. **Ahar Avam Poshan Vigyan** (In Hindi) University Publication, Ansari Road, Daryaganj, New Delhi, 2008
12. **Nutritional Trends in Family and Community Studies**, Shree Publication, New Delhi, 2011.
13. **Contemporary Approach in Family and Community Studies**, Shree Publication, New Delhi, 2011.
14. **UGC NET study manual, Home Science**, Selective & Scientific Books, New Delhi, 2011.

RESEARCH PAPERS : Total 85, International 10, National 75

PhD THESIS PRODUCED : 05

PhD GUIDING PRESENTLY: 09

PROJECT SUPERVISED : 03

RECOGNITION:

Chairperson:

- School Board for Home Science, BBAU, Lucknow (2008-11)
- Board of Post Graduate Studies (BPGS) (2008-11)
- Research Advisory Committee (2008-11)
- Chairperson, Purchase Committee BBAU, (2009-11)
- Chairperson, Admission Committee for SHS (2008-11)
- Chairperson, Re-evaluation Committee (2009-11)
- Chairperson, Women's Cell (2009-2011)
- Coordinator, Day Care Centre, BBAU
- Chairperson, Women Harassment Committee, BBAU
- Chairperson, Basic Facilities for women, BBAU

Membership:

Member, Ph.D. Ordinance Draft Committee, BBAU

Member, Building Committee, BBAU

Member, Planning Board, BBAU

Member, Anti Raging Committee, BBAU

Member, Garden & Beautification Committee, BBAU

MEMBERSHIP OF PROFESSIONAL BODIES:

International:

- Life member of Member of European Association of Agricultural Economics (EAAE) The Hague Netherland.
- Life member of Global Communication Research Association, Sydney Australia.
- Member of CEPRE , a project under IMS BHU.

National:

- Life member of
- Home Science Association of India,
- Nutrition Society of India,
- Indian Dietetics Association
- Indian Journal of Preventive and Social Medicine
- Member of European Association of Agricultutal economists etc.
- Indian Journal of Community Psychology

SCHOLARSHIPS:

- Silver medal for First class First position in B.A in Utkal University.
- National scholarship During M.A. in Home science (1988-90).
- Senior Merit scholarship during Graduation,
- Junior Merit Scholarship in Intermediate.

AWARDS

International Awards

- Awarded Edward Via Research Recognition Award on 5th annual Day by Virginia College of Osteopathic Medicines, Blacksburg, Virginia, USA on 3rd October, 2008. The award carried a citation and research grant of US \$500, the award was given away by the Nobel Laureate of Medicine (2007) prof. Olivier Smithies.

National Awards

- Awarded ‘**Griha Vigyan Visharad**’ award by Kashi Vidwat Parishad, Varanasi in recognition of my contribution to the field of Home Science on 25th december, 2008.
- Awarded ‘**Shiksha-Ratna Samman**’ by Pratik Sansthan, Varanasi for contribution to the field of Education.
- **Best paper award** by Home Science Association of India, Kolkata Chapter, January, 2010 for my research paper.
- **Best paper award** by Home Science Association of India, Jabalpur chapter in Dec, 2007 for my research paper.
- Awarded “**Best Citizen of India**” by IPH Foundation, New Delhi 2008.
- UGC Carrier Research Award, 2005
- **Mid Carrier Scientist Award** by Home Science Association of India, Lucknow Chapter, 2011 for best research paper.

CONFERENCES/ SEMINARS/ REFRESHER/ ORIENTATION COURSE/ POSTER COMPETITION ORGANIZED:

- 2011** Organized 3 day Biennial National Conference on “ Innovative Horizons and Emerging Challenges for Home Scientists” of Home Science Association of India Lucknow Chapter on 4th to 6th November, 2011.
- 2011** Organized **National Workshop** on “Emerging issues of elderly women in India”. 8th March, 2011.
- 2010** Organized one day **National Workshop** on “Family Satisfaction : Issues and Challenges ahead” on 18th Nov, 2010, BBAU, Lucknow
- 2010** Organized one day **Symposium** on “Challenges before Today’s Women” on 8th March, 2010
- 2009** Organized one day **International Workshop** on “Free Radicals Is Oxygen boon or bane” in B.B.A. University on 18th Feb, 2009.
- 2009** Convener of the **National Conference** on “Traditional and Contemporary trends in family and community studies on 24-25th Nov, 2009. Organized by the School for Home Sciences, BBAU, Lucknow.

**RESEARCH PAPER PRESENTED:
INTERNATIONAL**

- 2006** **International seminar** on low Radiation held at B.H.U. in November

2006. Topic: Food Safety issues in food irradiation.

2005 Participated in the II **International Conference** of ISAH and International Seminar on Chronic diseases and its Management by Complementary and Alternative Medicine (CAM), held in the Institute of Medical Sciences, B.H.U., Varanasi, between Sept. 23-25, 2005

2003 IX Asian Congress of Nutrition “Nutrition Goals for Asia-Vision,2020” held in New Delhi (Feb.23-27,2003) Organized by Federation of Asian Nutrition Societies, Nutrition Foundation of India, Nutrition Society of India.
Topic of the paper presented: *Feeding practices of Working mothers : A case study in working mothers of Central Orissa.*

IX Asian Congress of Nutrition “Nutrition Goals for Asia-vision,2020”.

Topic: *Socio Ecological Variables and pre school child feeding practices among working mothers in Central Orissa.*

2003 **International seminar and workshop** on “fermented foods Health status and social well being” Anand, Gujrat. November 13-14th 2003, organized by Dept. of Applied Nutrition, Lund University, Sweden
Topic: Use of fermented food products in combating Vitamin ‘A’ deficiency in Varanasi city in India.

2003 **International Seminar** on Communication and Sustainable Development (Institute of Agricultural Sciences, B.H.U., Varanasi), 7th January, 2003.

Topic: Communication and empowerment for achieving Nutritional upliftment of the women and children.

NATIONAL

2011 **Presented paper** on “Indigenous foods and associated knowledge system regarding health and nutrition among tribal women of Koraput district, Odisha” in the 29th Biennial National Conference of The Home Science Association of India, Lucknow Chapter between 4th to 6th Nov, 2011.

2011 **Presented paper** on “Quality dimensions of early childhood care and education: concerns & issues” in the Regional College of Education, Bhubaneswar, Odisha on 24th Nov. 2011.

2010 **Presented paper** on “Dietary and knowledge system about Health Care, Hygiene, Morbidity patterns and superstitions of Tribal Children : A case study of Korapet, Orissa, in the 28th Biennial National Conference of The Home Science Association of India, Kolkata Chapter between 7 to 9th Jan, 2010.

2010 **Delivered lecture** on “Role of Nutrition & declining sex ratio in India” in the 3rd National Conference on ‘Home Science and Declining sex ratio’ held between 3~4th Feb, 2010. Organized by Dept. of Home

Science, Shri Agrasen Kanya, P.G. College, Varanasi, U.P.

- 2009** **Presented paper** entitled “Awareness of health care, dietary practices, hygiene, morbidity pattern and superstition among tribal children” at the National Conference on Traditional and Contemporary Trends in family and community studies, Nov 24-25th, 2009 at Babasaheb Bhimrao Ambedkar University, Lucknow
- 2007** **Presented research paper** at XXVII Home Science association of India Biennial National conference, Jabalpur Chapter between 27-29 Dec, 2007
- 2006** **Presented research paper** in National Seminar on home Science held at B.H.U. in 9-10 Oct. 2006.
- 2006** **Presented research paper** in the National Seminar on Role of Traditional Media in Rural Development held in B.H.U., Varanasi dt 9th – 10th Dec, 2006
- 2006** **Attended National Workshop** organized by Agharkar Research Institute, G.G. Agarkar Rd., Pune sponsored by DST, Nutritional knowledge and awareness among rural girls, 26-27 July, 2006.
- 2005** **Attended Nation Seminar** on Women in Management: Potentials, problems and Future prospects (6-7th March, 2005) and presented ad paper entitled "Women as Home Managers and their Managerial Responsibilities in Family."
- 2004** **Attended National conference** on Job opportunities and Non-Conventional aspects of Home-Science at Shri Agrasen Kanya Autonomous P.G. College, (12-13 March 2004), Varanasi, chaired a scientific session and also delivered take on Food Safety issues and quality control.
- 2003** **National Seminar (UGC sponsored)** on women’s Rights as human rights, Obstacles and Opportunities. February 20th–21st, 2003 Varanasi, India. Topic:- Presented a paper on “How to make the world more women friendly.”
- 2003** Participated **XXV Biennial Conference** of the Home Science Association of India at Nagpur, 10-12th Oct, 2003
- 2003** **Attended National Seminar** sponsored by UGC on 25-26th Feb, 2003 on Revamping Guidance Programme for 21st Century at V.K.M, kamchha, Varanasi.
- 2003** **Attended 58th Annual Conference** of Association of Physicians of India (APICON-2003) 11-15TH Jan, 2003 at IMS, BHU, Varanasi.

RESEARCH PROJECT COMPLETED:

- Project of CREPRE (IMS, BHU) 2007-10

RESEARCH PROJECT IN PROCESS:

- UGC Sponsored Major Project on ‘Traditionally locally available foods and associated knowledge system relating to health & Nutrition among tribal woman of Orissa (Kalahandi and Koraput District) ’ 2011-13.

POSITIONS IN VARIOUS NATIONAL BODIES:

- **Subject Expert** in the selection of Professor in the Selection Committee of Bhanja Vihar Berhampur University Odisha 2009.
- **Subject Expert** in the Selection Committee by M.S. University Vadodara 2010.
- **Subject Expert** in the Selection Committee by Patna University Patna 2010.
- **Board of Studies (BOS) for Home Science**, RML Avadh University, Faizabad, U.P.
- **Subject expert** in the Board of Studies for Home Science in Allahabad Central University.
- **Subject expert** in the Board of Studies for Home Science in Rohailkhand University, Bareilly.
- **Member of Board of Management** of Birsa Agricultural University, Ranchi, Jharkhand.
- **Subject expert** in the Board of Studies for Home Science in Purvanchal University and C.C.S. Meerut University, Meerut, U.P.
- Worked as a **Advisor Faculty** for Wisconsin University, U.S.A
- President of, Teachers Welfare Association, BBAU, Lucknow.
- Vice President of the Home Science Association of India, North Zone.

RESEARCH ARTICLES PUBLISHED:

INTERNATIONAL

- 2007** **International Journal of Low Radiation**, Vol-4, Issue No. 3, 2007, Topic : Food Safety Issues in irradiation of Foods. Web address: http://www.inderscience.com/search/index.php?action=record&rec_id=1582prevQuery=&ps=10&m=or
Chapter in book: **The Near and Far East Asian Perspective: Dynamics of Adi women's traditional foods and livelihoods in varying socio-ecological systems of Arunachal Pradesh: a source of learning and inspiration**, New Cultures of Food, Gower Publishing, Surrey, England

- 2011** **International Journal of Learning & Change**, 2011 (Under publication)

NATIONAL

- 2011** **Mishra Sunita & Padhan Sarojini (2011).** A study on perception, habits and knowledge systems about traditional food relating to health and nutrition among Adi women living in diverse socio-economic systems of Kalahandi district, Orissa. *Asian Journal of Food Science*, 2 (1): 8-11. ISSN: 0976-1276.
- Padhan Sarojini & **Mishra Sunita.** Wild edible plants: A major source of food security of Adivasi women of Nabarangpur district, Odisha. *Sodh Prerak, An International referred journal.* 1 (4):194-199. [ISSN 2231-413X]
- 2011** Padhan Sarojini & **Mishra Sunita (2011).** Social life and food habits pattern among Adivasi women of Kalahandi district, Orissa. *Advance Research Journal of Social Science*, 2(2):147-150 [ISSN:0976-5611.]
- 2011** Padhan Sarojini & **Mishra Sunita (2011).** Indigenous knowledge and food practices among the Adivasi women of Western Orissa. *Indian Journal of Preventive and Social Medicine*, (communicated)
- 2011** Dayal Onam & **Mishra Sunita (2011).** Influence of age, gender and family type on personality development of school going children of middle class families. Odisha. *Sodh Prerak, An International referred journal.* 1 (4):147-151. [ISSN 2231-413X.]
- 2010** Singh Laxmi, **Mishra Sunita,** Effect of Neem, methi and curry leaves on diabetic patients (type-II) (*Asian Journal of Home Science* Dec-09 to May-10, Vol.4 No.2(309-312)[ISSN-0973-4732]
- 2010** Sweta Rai & **Sunita Mishra** Effect of dietary counseling on nutrient intake and performance status of breast cancer patients, Rai Sweta, Mishra S, Agrawal R et al (*Asian Journal of Home Science* June, 2010, Vol.5, No.I, 84-89, ISSN-0973-4732 , 2010)
- 2010** **Priyanka & Sunita Mishra** Life satisfaction of Elderly people in urban and semi-urban region of Lucknow (U.P). (*An International Research Journal lab to Land*, Vol 2(7),2010
- 2010** Padhan Sarojini & **Mishra Sunita (2010).** Dietary practices and consumption of common food items among the indigenous Adivasi women. A comparative study of Koraput and Navarangpur district, Orissa. *International Research Journal Lab to Land*, 2(7):287-292. ISSN No. 0975-282X.
- 2010** Singh Vartika, Singh S.P., **Mishra Sunita,** Socio-demographic determinants of overweight and obesity in an urban community of Varanasi city (*IJPSM* Vol 40, No 3&4, pp 194-198),2010
- 2010** Pattnaik S & **Mishra Sunita et.al,** Impact of paternal attitudes towards children's wellbeing : *Asian J. of home Science*;(December, 2010), Vol. 5, No.-2 :p 328-331
- 2010** Amita Rao & **Sunita Mishra,** An Assessment of the Nutritional Profile of

- Milk in different seasons and locations in Varanasi through modern laboratory techniques; Indian J., Prev. Soc. Med Vol-41, No. 3 & 4, 2010, P-237-239 (July-December, 2010)
- 2010** **Mishra Sunita**, Dietary Practices and knowledge system about health care , hygiene, morbidity pattern and superstitions of tribal children, A case study of Koraput , Orissa, HSAI Journal, Jan 2010
- 2010** Priyanka & **Sunita Mishra** Gender differences in life satisfaction of elderly people: Adv. Res.J.Soc.Sci. 1(2) December, 2010: 176-179-ISSN-0973-4732.
- 2010** **Sunita Mishra & S.N. Sabat**, Role of Women in the Management of Police Organization : a paradigm shift : International Journal of Learning and change, Vol.-4, No.-4, 2010, PP(365-377)
- 2009** Agrawal R, **Mishra S.**, Dixit V.K.; Association of non-alcoholic fatty liver disorder with obesity. (Indian Journal of Preventive and Social Medicine Vol 40, No 3&4, pp, 126-129 [ISSN 0301-1216],2009
- 2007** **Mishra Sunita**, Safety Aspects of street foods, (IJPSM, Vol. 38 (1&2), Jan-June, 2007, pp-32-35) 10. 11. 12.
- 2007** **Mishra Sunita**, Nutritional Anthropometry and Pre School child feeding Practices in working mothers of Central Orissa. (Studies of Home and Community Science 1(2):139 (2007)
- 2006** **Mishra Sunita**, Development of Specific Interventions which can be delivered for effective home based care and treatment of children suffering from severe under nutrition: A strategy for Uttar Pradesh. Indian Journal of Community Psychology, Vol. 1, Issue 1, March-06
- 2006** **Mishra Sunita**, Food Safety Issues in irradiation of Foods, Indian Journal of Radiation Research, Vol-3, No.4, Nov-06, pp-255-256.
- 2005** **Mishra Sunita**, Assessment of malnutrition and remedial measures to improve the quality of life of children of Central Orissa in March, 2006. (Indian Journal of Preventive and Social Medicine, Vol-37, No. 1 & 2, Jan-June, 2005, pp-25-31.
- 2005** **Mishra Sunita**, Specific interventions for effective home base under-5 care, (IJPSM, Vol.36, No. 3&4, July-Dec-2005, pp-147-152.
- 2005** **Mishra Sunita**, (Women's Empowerment : A must for human rights of women (in Hindi), Journal of NHRC, India, Vol.II, 2005)
- 2002** **Mishra Sunita**, Socio Ecological Variables and Preschool child feeding practices of working mothers of central Orissa, (Sambalpur University Journal of Humanities and Social Science, Vol-I, p.8-106, 2002)
- 1997** **Mishra Sunita**, Infant feeding practices of Anganwadi preschool children : A case study on pre lacteal feeding practices in mothers of Cuttack (Orissa), (IJPSM, Vol-28, No. 3&4, 1997)

1997 **Mishra Sunita**, Industrialization Vs Sustainable Development : Response of People from a proposed Industrial site, . (A Journal of Human Ecology, Vol-23, No. 3&4, July-Dec-1997,

EDITORIALS:

- **Chief Editor** of Quarterly international Referred Food Science and Research Journal in Hind Institute of Agricultural Society , Muzzafar Nagar, Uttar Pradesh.
- **Chief Editor** Nutritional Trends in Family and Community Studies” Shree Publication, New Delhi, 2011.
- **Chief Editor** “Contemporary Approach in Family and Community Studies” Shree Publication, New Delhi, 2011.

VISIT ABROAD: 5

RESOURCE PERSON & KEY NOTE SPEAKER, 2011

Sl.No.	Date	Institute	Topic
1.	03/02/2011	Gosaiganj, P.G College	Women Empowerment & Violence in context to Human Rights.
2.	16/02/2011	Sam Higginbottom Institute, Allahabad	Family Satisfaction: Issues & Challenges
3.	21/02/2011	Academic Staff college, BHU, Varanasi	<ul style="list-style-type: none"> • Healing action of Antioxidants rich food on Health • Alzheimer disease and Foods to prevent in Dementia condition
4.	25/02/2011	Raebareli (U.P)	Women Empowerment and educational benefits of 21 st Century Women.
5.	05/03/2011	Mohammed Hassan P.G College, Jaunpur	How to make the world more women friendly
6.	04/05/2011	Home Science College, Berhampur University, Odisha	Maternal Health Care: Knowledge, Attitude and Practices (KAP).
7.	12/09/2011	Navin Girls College, Pandit Ravisankar University, Raipur	Current Trends of Research in Home Science
8.	14/11/2011	Gurunanak Degree	Alzheimer disease and Foods to

		College, Lucknow	prevent in Dementia condition
9.	15/11/2011	NIPCID, Lucknow	Malnutrition of children, their prevention and management
10.	24/11/2011	Regional Institute of Education, Bhubaneswar, Odisha	Quality dimensions of early childhood care and education: concerns and issues

PARTICIPATION IN VARIOUS CONFERENCES AND SEMINARS:

INTERNATIONAL:

- 2006** International seminar on low Radiation held at B.H.U. in November 2006 . Topic: Food Safety issues in food irradiation.
- 2005** Participated in the II International Conference of ISAH and International Seminar on Chronic diseases and its Management by Complementary and Alternative Medicine (CAM), held in the Institute of Medical Sciences , B.H.U., Varanasi, between Sept. 23-25, 2005
- 2003** IX Asian Congress of Nutrition “Nutrition Goals for Asia-Vision,2020” held in New Delhi (Feb.23-27,2003) Organized by Federation of Asian Nutrition Societies, Nutrition Foundation of India, Nutrition Society of India.
Topic of the paper presented: *Feeding practices of Working mothers : A case study in working mothers of Central Orissa.*
- 2003** IX Asian Congress of Nutrition “Nutrition Goals for Asia-vision,2020”.Topic: *Socio Ecological Variables and pre school child feeding practices among working mothers in Central Orissa.*
- 2003** International seminar and workshop on “fermented foods Health status and social well being” Anand, Gujrat. November 13-14th 2003, organized by Dept. of Applied Nutrition , Lund University, Sweden
Topic: Use of fermented food products in combating Vitamin ‘A’ deficiency in Varanasi city in India.
- 2003** International Seminar on Communication and Sustainable Development (Institute of Agricultural Sciences, B.H.U., Varanasi),7th January, 2003.
Topic: Communication and empowerment for achieving Nutritional upliftment of the women and children.

NATIONAL

- 2005** Attended Nation Seminar on Women in Management : Potentials, problems and Future prospects (6-7th March, 2005) and presented ad

paper entitled " Women as Home Managers and their Managerial Responsibilities in Family."

- 2004** Attended National conference on Job opportunities and Non-Conventional aspects of Home-Science at Shri Agrasen Kanya Autonomous P.G. College, (12-13 March 2004), Varanasi, chaired a scientific session and also delivered talk on Food Safety issues and quality control.
- 2003** Attended 58th Annual Conference of Association of Physicians of India (APICON-2003) 11-15TH Jan, 2003 at IMS, BHU, Varanasi
- 2003** Attended National Seminar sponsored by UGC on 25-26th Feb, 2003 on Revamping Guidance Programme for 21st Century at V.K.M, kamchha, Varanasi.
- 2003** Participated XXV Biennial Conference of the Home Science Association of India at Nagpur, 10-12th Oct, 2003
- 2003** National Seminar (UGC sponsored) on women's Rights as human rights, Obstacles and Opportunities. February 20th–21st, 2003 Varanasi, India. Topic:- Presented a paper on "How to make the world more women friendly."

PhD SUPERVISED: 9

THESIS AWARDED: 5

2011	Dietary management of hospitalized breast cancer patients and to give them nutritional suggestion and to check improvement in their condition: A study of Sir Sunderlal Hospital B.H.U. and Railway Hospital, Lahartara, Varanasi.
2011	Study of awareness of trends in fashion of adolescent girls in the changing scenario.
2010	To study about the nutritive and psychological factors associated in peptic ulcer and give suggestions about dietary management to peptic ulcer patients

PHD THESES SUPERVISING:

Sensory quality evaluation of milk and milk products and their safety standard
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Study of Food habits and health care practices of policemen based on their nutritional allowance.
Development of product from green leaves (Neem , Tulsi, Methi, Curry leaves) and its effect on diabetes patients along with nutritional education to improve their health.
Traditional Food practices, Knowledge & social life style pattern among Adivasi women: a comparative study of Koraput, Kalahandi and Nabarangpur district, Odisha.
Personality development of school going children of different socio-economic groups
Life span satisfaction of elderly people.

M.A./M.Sc THESIS SUPERVISED:50

EXTRA CURRICULAR ACTIVITIES:

- Member in Inter faculty youth festival Spandan 2006,2007,2008
- Judge in Choreography Competition 2005-2007 (SPANDAN)
- Member of Cultural Committee, M.M.V., B.H.U.
- Convener in Home Science exhibition M.M.V. B.H.U. in 2005.
- Chairperson, Women's Security, for All India Inter University Youth Festival held in B.H.U., in 2005.
- Convener in Stage and Dias Committee, B.H.U., Varanasi during the visit of Hon'ble President of India in March 2006,Hon'ble Vice President in 2007, and Hon'ble Prime Minister of India .

ADMINISTRATION ACTIVITIES:

Work details	College/Faculty	University	Period	
			From	to
Hostel Warden	Berhampur Women's College, Orissa.	Orissa	1991	1993
Hostel Warden	Hostel	B.H.U. Varanasi	2004	2005
Administrative Warden	SNPG/Gargi Hostel	B.H.U.	2005	2008

Examination	M.M.V./V.K.M	B.H.U.	1998	2008
Head of Deptt.	HD & FS, School for Home Science	BBAU, LKO	2008	2011
Dean	School for Home Science	BBAU, LKO	2008	2011